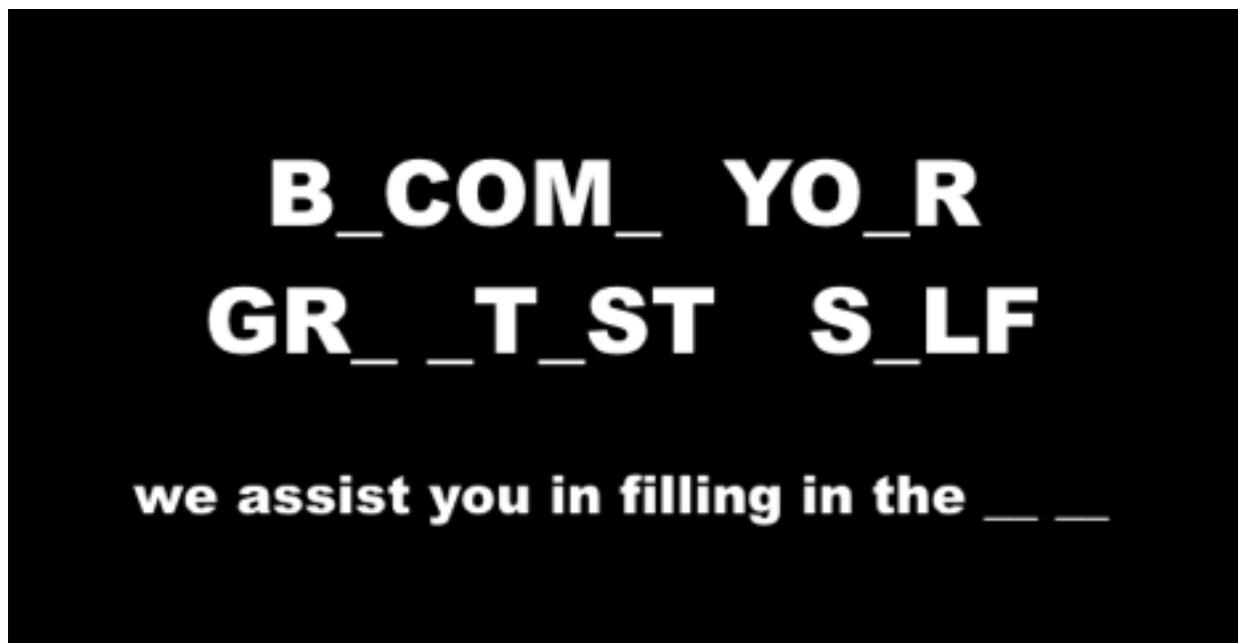




INTRODUCTION TO NLP

Neuro-Linguistic (NLP) is the mastery of the science of success. It started out as a model for how to communicate - with others and with ourselves. And it developed into a much deeper model of communication structure, which wonderfully explains how we process the information we receive from our outside world and how, through this process of learning, we become aware of and notice patterns — supportive and non-supportive ones. Patterns that move us forward as well as patterns that hold us back and keep us “small.” In NLP we are not so much interested in content as we are in the process. Often this is an interesting transition for us to make. The first step is to pay attention to the process of our interaction with others — listen to the form, watch the form, feel the form, and avoid getting involved in the content.



**Are your habits running you or are you in control of your habits?
Direct your thoughts, to avoid your thoughts directing you.**

This course is your beginning to a new awareness of your thoughts:

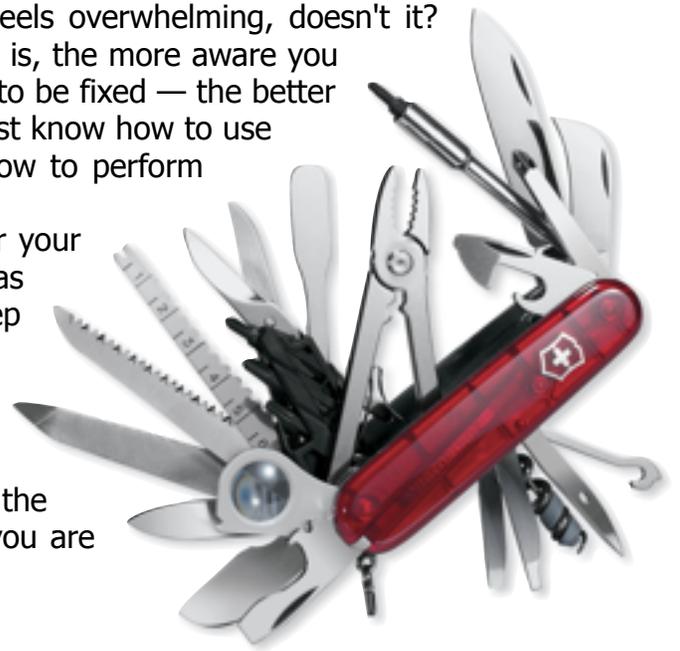
- NLP Communication Model
- NLP Success Formula
- Well-formed Outcomes
- Presuppositions of NLP
- Rapport Formula

Imagine for a moment that your life is like a house that you own. Your house is a constant work in progress, you turn around and something needs to be fixed: the shower head is loose, the garbage disposal is clogged, the window is leaking, the lock is broken, etc. You get the picture. Feels overwhelming, doesn't it? Not if you know what you're doing! Whatever it is, the more aware you are what exactly is loose, broken, or in need to be fixed — the better you can make it whole again. Secondly, you must know how to use tools, or know someone who can teach you how to perform those repairs.

See if you can envision how NLP is this tool for your life. A feeling of deep relief comes over you, as you no longer have to "figure it out" and keep screwing up!

This may apply to your business, your relationships, your personal life, your self care, or any other area in your life.

NLP gives you all the tools you need to feel the desired feelings that you may not even know you are craving yet!



To register please contact the NLP Center via email or phone. Reserve your spot now for the next available course:



The NLP Center of Atlanta and The Gestalt Institute of Atlanta
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